## Easy Bubble Bath Bars Laura Hickman

## Ingredients:

1 ½ cups baking soda

1 cup cornstarch

2 T. cream of tartar

2/3 cup liquid bubble bath

2 T. coconut oil (melted) (or almond, or vegetable)

2 T. glycerin

Essential oils, spices or flavorings for scent (opt., \*\*see below)

Several drops of food coloring (opt., \*\*see below)

## **Directions**: (Use pot holders when removing bowl from microwave!)

- 1. Stir together all the dry ingredients in a 2 quart microwave-proof bowl.
- 2. Add the liquid bubble bath, oil and glycerin and stir until combined.
- 3. Stir in flavorings and food color (\*\*See suggestions below)
- 4. Place mixture in microwave on high for 1 minute. (Watch the mixture to be certain it doesn't bubble over edge of bowl.
- 5. Remove from microwave and stir bubble bath mixture, scraping down sides of bowl and stirring until smooth.
- 6. Repeat steps 4 & 5 once.
- 7. Return mixture to microwave for 30 more seconds and then stir. Dough should be formed and come away from sides of bowl.

Dump dough onto clean surface. (A silpat is nice.) If the dough is too hot to handle wait a few minutes. Knead the warm dough a few times. If the dough is sticky add up to a tablespoon of cornstarch while kneading. If it is crumbly and doesn't hold together well knead in more bubble bath liquid one teaspoon at a time. (In rare cases you may need to add a bit more oil.)

- 8. When dough is the texture of children's play dough, it is ready to form into shapes:
  - Use a large cookie scoop to make 'ice cream scoops'.
  - Roll out dough thickly and use cookie cutters
  - Place dough in small loaf pans and cut into slices.
  - Candy molds can be used to make 'bon-bons' or form into 'kisses'.
- 9. Optional decorating ideas:
  - a. Candy sprinkles can be used to decorate your bubble bath bars.
  - b. Dip dough in bath salts to look like sugar.
- 10. Allow bath bars to dry 48-72 hours before wrapping.
- 11. Wrap in treat bags or tissue paper with string or ribbon for gifting.
- 12. Instructions for use: Crumble bar under full running tub tap and enjoy the bubbles!

## \*\*Coloring and scent suggestions:

- Pick colors and scent compatible to the bubble bath liquid.
- I used 'Warm Vanilla Sugar' bubble bath in this recipe.
- Sugar cookie scent and color: Add 2-3 drops yellow food color and 1 tsp. vanilla and 1 tsp. butter flavoring.
- Citrus dream: 2 drops red and 3 drops yellow food coloring. Add 15-20 drops orange essential oil and 5 drops lemon essential oil. (See Ameo oils here.)
- Experiment and have fun!